



**Arizona Parents Commission on Drug Education and Prevention  
Meeting Minutes  
November 8, 2022  
9:00 AM**

A general meeting of the Arizona Parents Commission on Drug Education and Prevention convened on November 8, 2022. Notice having been duly given. Present and absent were the following members of the Parents Commission.

| Members Present (5)             | Members Absent (3)  |
|---------------------------------|---------------------|
| Denise Beagley (Chair)          | Raynee Schneider    |
| Kristine FireThunder (Co-Chair) | Michael Klinkner    |
| Lori Robinson                   |                     |
| Marina Lantsman-Waugh           |                     |
| Nicholas Stavros                |                     |
| Chief Robert Martin             |                     |
|                                 |                     |
|                                 |                     |
| Staff and Guests Present (5)    |                     |
| Tonya Hamilton                  | Jane Dowling, PhD   |
| Nicole Valenzuela               | Lyra Contreras, MPH |
| Kainoa Spenser                  | Nicola Winkel, MPA  |
|                                 |                     |
|                                 |                     |

**CALL TO ORDER**

**Chairperson Beagley** called the Parents Commission meeting to order at **9:03 a.m.** with 5 members present and 2 members absent.

**ROLL CALL**

**Chairperson Beagley** welcomed members and guests, taking attendance via roll call at 9:05 a.m.

**APPROVAL OF MINUTES**

**Chairperson Beagley** requested a review of the **September 14, 2022** meeting minutes. **Commissioner Robinson** motioned to accept the minutes. **Co-Chair FireThunder** seconded the motion at 9:06 a.m. The motion passed with no dissenting votes.

## PARENTS COMMISSION ACCOMPLISHMENTS AND COMMENDATIONS

**Deputy Director Hamilton** shared the accomplishments and impact of both the Parents Commission and the grant program has had over the last eight years of Governor Doug Ducey's administration. **Deputy Director Hamilton** thanked the commissioners on behalf of Governor Doug Ducey for their service and commitment to their role on the commission. **Deputy Director Hamilton** presented each commissioner with a Commendation for their service.

## PARENTS COMMISSION MEETING PRESENTATIONS

### Wellington Consulting Group

#### Dr. Jane Dowling

**Chairperson Beagley** welcomed and introduced **Dr. Jane Dowling**, President and CEO, of Wellington Consulting Group, Inc. **Dr. Dowling** thanked the commission for the opportunity to present.

- **Dr. Dowling** started her presentation by discussing the Parents Commission Grant Program goals and programming requirements. She shared that Wellington was the evaluator for the Parents Commission Grant. **Dr. Dowling** provided an overview of the evaluation process to the commission.
- **Dr. Dowling** presented the aggregate data for the 26 grantees for Year 3 of the grant, mapping the location of the 26 grantees in 12 of the 15 counties in Arizona. The counties that did not have a grantee were Apache, Graham, and Greenlee.
- **Dr. Dowling** stated they administer a process and outcome evaluation. A process evaluation is the analysis and monitoring of each grantee's implementation of parenting programming. An outcome evaluation is designed to measure the overall effectiveness of each program in meeting their goals and objectives. She stated that parent and youth surveys, quarterly reports, annual individual reports, and annual aggregate reports are provided and included in the outcome evaluation. **Dr. Dowling** stated that they have created a web-based system for the grantees to utilize where grantees enter quantitative and qualitative data into a monthly report and they submit standard fidelity surveys for evidence-based programs to be analyzed by Wellington.
- **Dr. Dowling** shared cross site data including diversity, outreach and recruitment, collaboration and partnerships, implementation of trauma-informed care approaches, and types of workforce development. She provided detailed information and target outcome data for the impact that evidence-based programs have on family functioning, family cohesion, family management, family connectedness, family involvement, family conflict, and parental stress. She continued by discussing the outcome data for the impact that evidence-based programs have on the adult and youth perception of risk/harm of alcohol and substance use; attitudes toward underage drinking, binge drinking, and illegal drug use; parent/child communication about alcohol and drug use; and knowledge of how to mitigate the risk of trauma on youth substance use.
- **Dr. Dowling** shared caregiver and program satisfaction feedback, summary of the results of how programs affected caregivers, and caregiver suggestions. She provided detailed recommendations for the Parent Commission Grant program.

The complete presentation can be reviewed [here](#).

**Chairperson Beagley** thanked **Dr. Dowling** for her presentation and asked the commission if they had any questions.

- **Chairperson Beagley** asked **Dr. Dowling** how many different curricula were implemented by grantees in the grant year. **Dr. Dowling** stated that 15 or more curricula were implemented and she shared that she would send over a list of the programs to the Parents Commission Program Administrator to distribute to the commission members.
- **Chairperson Beagley** asked **Dr. Dowling** what the most significant challenges COVID-19 presented for program delivery. **Dr. Dowling** relayed that recruitment and program delivery were the most challenging, stating that many grantees utilized virtual platforms, but due to connectivity challenges grantees in rural communities had the most significant challenges to transition to virtual program delivery. **Lyra Contreras** stated that there was a high rate of staff turnover and grantees were having challenges finding qualified staff. **Dr. Dowling** added that school-based programming was the most significantly impacted because the schools were not in session and when they returned were hesitant to have providers deliver programming on campus.

### **Arizona Coalition for Military Families**

**Nicola Winkel, MPA**

**Project Director, BeConnected Project**

**Chairperson Beagley** welcomed and introduced **Ms. Nicola Winkel** to the meeting. **Ms. Winkel** thanked the commission for the opportunity to present.

- **Ms. Winkel** began her presentation by discussing that the Arizona Coalition for Military Families (ACMF) was established in 2009 and is a public/private partnership and collective impact initiative that engages organizations and communities to create a coordinated ecosystem of support. Their BeConnected is their statewide upstream prevention program was established in 2017 to support Arizona's 500,000+ service members, veterans, and their families across all social determinants of health.
- **Ms. Winkel** stated post 9/11, there was the highest rates of suicides in the National Guard. At the request of the Admiral at the time, solutions were implemented for suicide prevention and were able to reduce the rate of suicides over the span of three years.
- **Ms. Winkel** stated that Arizona reported to have 3-4 times the higher rate of suicide for veterans compared to the general public. BeConnected was created to respond to the higher needs of all service, members, veterans, and their families.
- **Ms. Winkel** shared that ACMF began the development and implementation of a data tool with a focus on proactive engagement of those at highest risk. She stated that the development of the tool was a cross-sector collaboration to have collective impact. The engagement was centered on an "ecosystem of connection and support." She shared a video that summarizes the utilization of the ecosystem of support and the benefit to the community served.
- **Ms. Winkel** continued by discussing that the BeConnected teams include leadership, care and career navigators, support line, risk reduction team, community outreach navigators, and community engagement and partner team members. She shared that BeConnected utilizes a public health approach to prevention that focuses on early intervention, all social determinants of health, and a data-driven layered prevention approach. **Ms. Winkel** stated that the language and messaging for the tool has been created to be supportive and relevant to military culture.
- **Ms. Winkel** shared a "stress continuum" is used to identify the level of acuity and need of the individual. The previous focus was on crisis intervention and the focus was shifted to prevention services, resources, and support. The team members assessed the individuals need in all areas of social determinants of health to ensure the team addressed these primary needs. The top needs identified were relationship and financial issues.

- **Ms. Winkel** stated that the BeConnected team members provided goals that are tailored, guided, and focused on individual needs to connect them with help and support. The BeConnected Community Corps was created to provide training, equipping, connecting and supporting community helpers for service members, veterans and their families. She stated the goals of the Community Corps is to increase the number of community helpers as well as the support available to helpers, better understanding of the depth and breadth of need, recognizing outstanding helpers, and connecting helpers.
- **Ms. Winkel** stated that the Community Corps helpers are provided training pathways that focus on military/veteran culture and how to connect people to resources and support. She discussed how there are 10 training modules, community member testing on user experience and impact, and a communication and outreach plan. **Ms. Winkel** stated that the goal is to strengthen how Arizona cares for, supports and connects all service members and their families, and to proactively address factors that put service members, veterans and their families at higher risk for substance use, suicide, violence and other harmful outcomes.
- **Ms. Winkel** provided examples of training materials and videos that were developed for the Community Corps training modules.

The complete presentation can be reviewed [here](#).

**Chairperson Beagley** thanked **Ms. Winkel** for her presentation and asked the commission if they had any questions.

- **Commissioner Lantsman-Waugh** asked Ms. Winkel how a person would volunteer to be a community partner or helper. **Ms. Winkel** stated that the individual can contact the BeConnected team or request more information on the BeConnected website.

### **Parent's Commission Grantee Updates**

**Ms. Nicole Valenzuela**

**Governor's Office of Youth, Faith and Family**

**Chairperson Beagley** invited **Ms. Nicole Valenzuela**, Program Administrator at the Governor's Office of Youth, Faith and Family (GOYFF), to share grantee updates with the commission. **Ms. Valenzuela** shared that she has met with the 26 grantees and they are in the implementation phase of their programming. GOYFF has provided extensive technical assistance to ensure that the program and performance measures are implemented effectively and are measuring the impact of the program in the communities they serve. **Ms. Valenzuela** shared that a Grantee Engagement meeting was hosted for grantees to learn about grantee programming and provided the opportunity to partner and collaborate.

### **ANNOUNCEMENTS**

**Chairperson Beagley** asked if any commissioners had any announcements they would like to share. There were no announcements presented at the meeting.

### **FUTURE AGENDA/MEETING SCHEDULE**

**Chairperson Beagley** stated the next scheduled meeting is set for **January 18, 2023 at 10:00 a.m.** at the Executive Tower, in an in-person format.

### **ADJOURN**

**Chairperson Beagley** thanked everyone for being part of the meeting and asked for a motion to adjourn the meeting. **Commissioner Robinson** moved to adjourn. **Commissioner**

**Lantsman-Waugh** seconded the motion. The motion passed with no dissenting votes and the meeting adjourned at 10:27 a.m.

10<sup>th</sup> Day of November, 2022  
Parents Commission  
Respectfully Submitted By:  
Nicole Valenzuela  
Program Administrator, GOYFF

FINAL